

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee.

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!
\$10 Individual \$25 Family Size.*

Veggie Lasagna

Lasagna noodles layered with signature red sauce, and a medley of fresh carrots, zucchini, mushrooms, spinach and a mix of vegan mozzarella and cheddar cheese.

BEAN BURGERS: *All burgers are ready to eat and individually wrapped. \$10 per dozen*

Jalapeno Burger

Black bean burger filled jalapeno, cumin, adobo. Smokey, Spicy, Perfect.

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold in Individual and Family Size.*

Mushroom Rice Dinner

Always a crowd pleaser, rice cooked with mushrooms, that have developed a deep, rich flavor. Served with mushroom meatballs and gravy, and a seasonal vegetable. \$12

Vegan Mac and Cheese

Macaroni mixed with a warm, creamy cheese sauce made completely dairy free!
Individual serving \$5 Family size \$15

Vegan Chili

Black, white and red beans cooked in a smoky chili with just the right amount of heat.
Individual serving \$10 Family size \$25 (*vegan cornbread \$10 only with family size*)

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions. \$10 per loaf*

Peanut Butter Cookies

Soft, chewy and delicious. Everything you want in a cookie. \$10 per dozen

Double Dark Chocolate Brownies

Rich dark chocolate, dark chocolate chips baked into a fudgy brownie.
\$10 per tray