

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!
\$10 Individual \$25 Family Size.*

Mushroom Lasagna

Lasagna noodles layered with a garlic red sauce, fresh herbs, a mixture of white and brown mushrooms and vegan mozzarella and cheddar cheese.

BEAN BURGERS: *All burgers are ready to eat and individually wrapped. \$10 per dozen*

Southwest Burger

Black bean burger filled with roasted red pepper, smoked paprika, cumin, chili powder and corn. A complete meal in a pattie, just add cheese and a bun.

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold in Individual and Family Size.*

Chickpea Curry

Chickpeas cooked in a savory creamy curry sauce, served over rice with a side of vegetables.
Individual serving \$12

Jambalaya

Spicy red beans, mushrooms, rice and "the trinity" cooked with cajun seasonings.
Individual serving \$10 with sausage \$13

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions. \$10 per loaf*

Sweet Peach Bread

Glazed peaches, baked into a spiced bread. Eat it cold, or warm with a cup of coffee or tea. \$2 per slice \$10 per loaf.

Lemon Berry Parfait

Delicious pound cake layered with tart lemon curd, blueberries and strawberries. \$5