

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee.

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey

TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!
\$30 Family Size*

Jalapeño Popper Stuffed Shells

No need for take-out appetizers here. Jumbo shells stuffed with jalapenos, cream cheese and vegan cheddar. Covered in garlic infused bread crumbs and baked.

SUNRISE SPECIAL: *All meals are ready to eat, sold in individual and family sizes.*

Biscuits and Gravy

Flaky biscuits smothered in "sausage" gravy. No further details needed.

\$10 individual \$30 family size.

Peach French Toast

Peaches, bread and cinnamon baked in a delicious custard. Baked and ready to eat. (Saturday pickup available)

\$30 family size.

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold in Individual and Family Sizes Prices may vary.*

Southwest Stuffed Peppers

Large peppers filled with TexMex mixture of "meat", beans, peppers, and topped with cheese.

Individual serving \$12, family size \$30

Fajitas

Mushrooms, peppers, onions, zucchini and carrots grilled with fajita spices, served with rice, black beans and lime.

Individual serving \$15 family size \$45

Pasta Salad

Pasta, cucumber, spinach and cherry tomatoes mixed with zesty seasonings.

Family size \$20

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

Peach Crumble

Sweet peaches, cooked with nutmeg, ginger, and cinnamon, topped with a sweet crumble topping.

\$10 for individual serving, \$20 for entire pan.

Fresh Fruit Sorbet

Sweet fresh fruit blended into a smooth creamy sorbet. Perfect for hot summer days. Pick your favorite flavor. \$5 pint \$8 quart \$7/\$10 mixed flavors

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey

Strawberry
Peach
Mango
Raspberry
Pineapple
Banana
Pina Colada
Pineapple Mango
Tropical
Strawberry Kiwi
Strawberry Banana

Special Orders Upon Request