

# I CAN'T BELIEVE IT'S VEGAN!

*An assortment of home-made healthy vegan meals. - Nakiea Ramsey*



## **How To Order:**

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: [nickyvegan82@gmail.com](mailto:nickyvegan82@gmail.com). Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

## **Join our mailing list!**

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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**TAKE AND BAKES:** *All items are prepared and then frozen. Just take, bake and serve!  
\$10 Individual \$30 Family Size.*

## **Spinach & Artichoke Dip Stuffed Shells**

No need for take-out appetizers here. Jumbo shells stuffed with a creamy mixture of fresh spinach and artichoke dip and vegan mozzarella.

**SUNRISE SPECIAL:** *All meals are ready to eat, sold in individual and family sizes.*

## **The Original Breakfast Bowl**

Golden hash browns topped with Just Egg scramble, mixed with sausage, peppers and mushrooms. A great way to start your day.

\$13

**WEEKLY SUPPER CLUB:** *Available this week only, get em while they last! Sold in Individual & Family Size. Price may vary*

## **Cheesy Fajita Pasta**

Mushrooms, peppers, onions and carrots grilled with fajita spices, mixed with creamy vegan cheese and pasta.

Individual serving \$12 Family Serving \$30

## **Mushroom Gyros**

Portobello mushrooms cooked in greek seasonings, served on a vegan pita, with grilled onions, lettuce and vegan tzatziki sauce.

Individual serving \$12 family size \$35

**SWEET TREATS:** *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

## **Lemon Curd Pie**

Sweet and tart lemon curd in a graham cracker crust, topped with refreshing dairy free whipped cream. \$20

## **Ice Box Cheesecake**

Classic cheesecake taste in a no-bake version. Great for the summer.

Plain \$20 with strawberries \$25

Chocolate \$25

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