

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: paypal.me/nakiearamsey or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!
\$10 Individual \$25 Family Size.*

Lemon Garlic Veggie Pasta

Seasonal vegetables cooked in a creamy, lemon garlic sauce, served over pasta.

Individual serving \$10/ \$30

Make it all veggie! Veggie "noodles" \$3/\$6 extra

BEAN BURGERS/ SANDiCHES: *All burgers are ready to eat and individually wrapped.
\$10 per dozen*

Chickpea Salad Sandwich

Craving chicken salad? Crave no more! Chickpeas cooked and mixed with all of your chicken salad seasonings. Served on vegan artesano bread, dressed with lettuce and tomato and served with sweet potato chips. \$10

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold
in Individual and Family Sizes.*

Mushroom Stroganoff

Mushrooms, egg free noodles, and a rich sauce.- Add meatballs \$3 individual, \$6 family
Individual serving \$12 Family serving \$30

Pizza Corner- \$8 each

Individual sized pizzas prepped, frozen and ready to bake. Pick your favorite!

Veggie Supreme

Meatball

Mediterranean

Mushroom Stroganoff

Mushrooms, egg free noodles, and a rich sauce.- Soy free

Individual serving \$12 Family serving \$30

Meatball Sub

Mushroom meatballs cooked in a spicy marinara sauce. Served on a vegan roll, topped with cheese and grilled onions and peppers, served with a tangy coleslaw. \$12 \$36

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh
every weekend. Sold in individual servings, or whole portions.*

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Fresh Fruit Sorbet

Sweet fresh fruit blended into a smooth creamy sorbet. Perfect for hot summer days. Pick your favorite flavor. \$5 pint \$8 quart

Strawberry

Peach

Mango

Raspberry

Chocolate Chip Cookies

Soft, chewy and filled with semi-sweet chocolate chips. Everything you want in a cookie. \$10 per dozen