

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm.

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!*

Spinach & Artichoke Dip Stuffed Shells

No need for take-out appetizers here. Jumbo shells stuffed with a creamy mixture of fresh spinach and artichoke dip and vegan mozzarella. \$15/\$35

BEAN BURGERS: *All burgers are ready to eat and individually wrapped. \$10 per dozen*

Jalapeño Burgers Black bean burger filled jalapeno, cumin, adobo. Smokey, Spicy, Perfect.

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold in Individual and Family Size.*

Teriyaki Stir Fry

Mushrooms, peppers, onions, carrots, peas and broccoli cooked crisp tender in a teriyaki sauce. Served with spicy cabbage and rice.
Individual serving \$10/\$25

Mushroom Stroganoff

Mushrooms, egg free noodles, and a rich sauce.- Soy free
Individual serving \$12 Family serving \$30

Meatless Loaf Dinner

Impossible meatloaf filled with savory mushrooms, garlic and herbs, served with garlic smashed potatoes and gravy, green beans and roll.
\$12 individual, \$35 family size.

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

Chocolate Chip, Walnut Bread

The name speaks for itself. Dark, or milk chocolate chips are baked with crunchy walnuts in a soft bread.
\$10 per loaf

Lemon Berry Parfait

Delicious pound cake layered with tart lemon curd, blueberries and strawberries or raspberries.
\$6/\$20

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