I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: paypal.me/nakiearamsey or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm.

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey

TAKE AND BAKES: All items are prepared and then frozen. Just take, bake and serve!

Green Goddess Lasagna

Lasagna noodles layered with a delicate white sauce, vegan mozzarella, garlic, and a mixture of fresh green spinach, kale and broccoli. \$10 individual, \$30 family size

BEAN BURGERS: All burgers are ready to eat and individually wrapped. \$10 per dozen

Jalapeño Burgers Black bean burger filled jalapeno, cumin, adobo. Smokey, Spicy, Perfect.

WEEKLY SUPPER CLUB: Available this week only, get em while they last! Sold in Individual and Family Size.

Loaded Spaghetti Squash

Spaghetti squash loaded with red sauce, mushrooms, garden vegetables and herbs. \$10/\$30

Cauliflower Jerk Plate

Spicy jerked cauliflower served with not so dirty rice, cabbage and yams. \$12/\$35

Stuffed Pizza

Garlicky, savory dough filled with some of your favorite pizza toppings. Ready to eat, or take and bake.

Roasted Veggie Supreme \$10 Spicy Beef \$12

SWEET TREATS: All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.

Mini Cheesecake Cups

Mini cheesecakes topped with delicious fruit. Pick your favorite one! Strawberry \$20 Cherry \$20 Chocolate Raspberry \$25

Pull Apart Cinnamon Roll Bites

Flaky pieces of dough tossed in cinnamon and sugar. Baked and topped with cream cheese frosting. \$5 for individual serving \$15 for entire pan.

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey