

# I CAN'T BELIEVE IT'S VEGAN!

*An assortment of home-made healthy vegan meals. - Nakiea Ramsey*



## **How To Order:**

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: [nickyvegan82@gmail.com](mailto:nickyvegan82@gmail.com). Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

## **Join our mailing list!**

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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**TAKE AND BAKES:** *All items are prepared and then frozen. Just take, bake and serve!  
\$10 Individual \$25 Family Size.*

## **Mushroom Stuffed Shells**

Jumbo stuffed shells stuffed with portobello mushrooms, cheese and a rich red sauce.

**SUNRISE SPECIAL:** *All meals are ready to eat, sold in individual and family sizes.*

## **The Original Breakfast Bowl**

Golden hash browns topped tofu scramble, mixed with sausage, peppers and mushrooms. A great way to start your day.

\$8

**WEEKLY SUPPER CLUB:** *Available this week only, get em while they last! Sold in Individual & Family Size. Price may vary*

## **Cheesy Fajita Pasta**

Mushrooms, peppers, onions and carrots grilled with fajita spices, mixed with creamy vegan cheese and pasta.

Individual serving \$12 Family Serving \$30

## **Meatless Loaf Dinner**

Impossible meatloaf filled with savory mushrooms, garlic and herbs, served with garlic smashed potatoes and gravy, green beans and roll.

\$12 individual, \$35 family size.

**SWEET TREATS:** *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

## **Double Dark Chocolate Brownies**

Rich dark chocolate, dark chocolate chips baked into a fudgy brownie.

\$12 per tray

## **Apple or Peach Fritters**

Tart apples or sweet peaches, cinnamon and nutmeg fried in donut dough and drizzled with glaze. \$12 a dozen.

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