

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!
\$10 Individual \$25 Family Size.*

Green Goddess Lasagna

Lasagna noodles layered with a delicate white sauce, vegan mozzarella, garlic, and a mixture of fresh green spinach, kale and broccoli.

SUNRISE SPECIAL: *All meals are ready to eat, sold in individual and family sizes.*

The Original Breakfast Bowl

Golden hash browns topped tofu scramble, mixed with sausage, peppers and mushrooms. A great way to start your day.

\$8

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold in Individual & Family Size. Price may vary*

Cheesy Fajita Pasta

Mushrooms, peppers, onions and carrots grilled with fajita spices, mixed with creamy vegan cheese and pasta.

Individual serving \$12 Family Serving \$30

Mushroom Stroganoff

Mushrooms, egg free noodles, and a rich sauce.- Soy free

Individual serving \$12 Family serving \$30

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

Double Dark Chocolate Brownies

Rich dark chocolate, dark chocolate chips baked into a fudgy brownie.

\$12 per tray

Monkey Bread

Flaky pieces of dough tossed in cinnamon and sugar. Baked in a buttery caramel sauce. \$5 for individual serving \$15 for entire pan.

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