

# I CAN'T BELIEVE IT'S VEGAN!

*An assortment of home-made healthy vegan meals. - Nakiea Ramsey*



## **How To Order:**

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: [nickyvegan82@gmail.com](mailto:nickyvegan82@gmail.com). Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

## **Join our mailing list!**

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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**TAKE AND BAKES:** *All items are prepared and then frozen. Just take, bake and serve!  
\$10 Individual \$25 Family Size.*

## **Green Goddess Lasagna**

Lasagna noodles layered with a delicate white sauce, vegan mozzarella, garlic, and a mixture of fresh green spinach, kale and broccoli.

**BEAN BURGERS:** *All burgers are ready to eat and individually wrapped. \$10 per dozen*

**Southwest Burger** Black bean burger filled with roasted red pepper, smoked paprika, cumin, chili powder and corn. A complete meal in a pattie, just add cheese and a bun.

**WEEKLY SUPPER CLUB:** *Available this week only, get em while they last! Sold in Individual and Family Sizes.*

## **Jalapeño Popper Stuffed Shells**

No need for take-out appetizers here. Jumbo shells stuffed with jalapenos, cream cheese and vegan cheddar. Covered in garlic infused bread crumbs and baked. \$15, family size \$35

## **Southwest Stuffed Peppers**

Large peppers filled with TexMex mixture of "meat", beans, peppers, and spices. Topped with cheese and baked.

Individual serving \$10, family size \$30

**SWEET TREATS:** *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

## **Cafeteria Butter Cookies**

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Buttery, soft, slightly sweet. Everything you remember about your favorite school cookie. \$10 per dozen

## **Apple Crumble**

Tart green apples cooked with all of the right spices, and topped with a tasty crumble topping. \$5 for individual serving \$15 for entire pan