

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!*

Stuffed Shells No need for take-out appetizers here. Jumbo shells stuffed with a creamy mixture of fresh spinach and artichoke dip and vegan mozzarella. \$12 Individual, \$30 Family size

BEAN BURGERS: *All burgers are ready to eat and individually wrapped. \$10 per dozen*

Jalapeño Burgers Black bean burger filled jalapeno, cumin, adobo. Smokey, Spicy, Perfect.

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold in Individual and Family Size.*

Mushroom Gyro Portobello mushrooms cooked in greek seasonings, served on a vegan pita, with grilled onions, spinach and vegan tzatziki sauce. \$8 individual, \$25 family size

Vegan Chili Black, white and red beans cooked in a smoky chili with just the right amount of heat. \$10/\$25

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

Carrot Cake Bread Everything you love about carrot cake, without feeling guilty. \$10 per loaf

Orange Cranberry Bread

Tart cranberries, bright and tangy citrus baked into a light and fluffy bread. Perfect with a cup of hot or iced tea. \$10 per loaf