

# I CAN'T BELIEVE IT'S VEGAN!

*An assortment of home-made healthy vegan meals. - Nakiea Ramsey*



## **How To Order:**

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: [nickyvegan82@gmail.com](mailto:nickyvegan82@gmail.com). Payments can be made via Paypal: [paypal.me/nakiearamsey](https://paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

## **Join our mailing list!**

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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**TAKE AND BAKES:** *All items are prepared and then frozen. Just take, bake and serve!*

**Stuffed Shells** No need for take-out appetizers here. Jumbo shells stuffed with a creamy mixture of fresh spinach and artichoke dip and vegan mozzarella. \$12 Individual, \$30 Family size

**BEAN BURGERS:** *All burgers are ready to eat and individually wrapped. \$10 per dozen*

**Jalapeño Burgers** Black bean burger filled jalapeno, cumin, adobo. Smokey, Spicy, Perfect.

**WEEKLY SUPPER CLUB:** *Available this week only, get em while they last! Sold in Individual and Family Size.*

**Mushroom Gyro** Portobello mushrooms cooked in greek seasonings, served on a vegan pita, with grilled onions, spinach and vegan tzatziki sauce. \$8 individual, \$25 family size

**Vegan Chili** Black, white and red beans cooked in a smoky chili with just the right amount of heat. \$10/\$25

**SWEET TREATS:** *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

**Carrot Cake Bread** Everything you love about carrot cake, without feeling guilty. \$10 per loaf

## **Orange Cranberry Bread**

Tart cranberries, bright and tangy citrus baked into a light and fluffy bread. Perfect with a cup of hot or iced tea. \$10 per loaf