

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!
\$10 Individual \$25 Family Size.*

Mushroom Lasagna Lasagna noodles layered with a garlic red sauce, fresh herbs, a mixture of white and brown mushrooms and vegan mozzarella and cheddar cheese.

SUNRISE SPECIAL: *All meals are ready to eat, sold in individual and family sizes.*

The Original Breakfast Bowl

Golden hash browns topped tofu scramble, mixed with sausage, peppers and mushrooms. A great way to start your day.

\$8

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold in Individual & Family Size. Price may vary*

Southwest Stuffed Peppers Large peppers filled with TexMex mixture of "meat", beans, peppers, and spices. Topped with cheese and baked. Individual serving \$10, family size \$30

Chickpea Curry

Chickpeas cooked in a savory creamy curry sauce, served over rice with a side of vegetables. Individual serving \$15

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

Pumpkin Cake

Moist, cake, full of pumpkin, cinnamon, nutmeg and ginger. Topped with cream cheese frosting. Perfect for fall.

Single layer cake \$15

Double layer cake \$25

Oatmeal Raisin Cookies

Soft, chewy and slightly sweet. Everything you remember about your childhood cookie. \$10 per dozen