

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

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TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!
\$10 Individual \$25 Family Size.*

Green Goddess Lasagna

Lasagna noodles layered with a delicate white sauce, vegan mozzarella, garlic, and a mixture of fresh green spinach, kale and broccoli.

BEAN BURGERS: *All burgers are ready to eat and individually wrapped. \$10 per dozen*

Jalapeno Burger

Black bean burger filled jalapeno, cumin, adobo. Smokey, Spicy, Perfect.

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold
in Individual and Family Size.*

Mushroom Rice Dinner

Always a crowd pleaser, rice cooked with mushrooms, that have developed a deep, rich flavor. Served with mushroom meatballs and gravy, and a seasonal vegetable. \$12 individual, \$30 family size.

Cheesy Fajita Pasta

Mushrooms, peppers, onions and carrots grilled with fajita spices, mixed with creamy vegan cheese and pasta.

Individual serving \$12 Family Serving \$30

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh
every weekend. Sold in individual servings, or whole portions.*

Berry Cheesecake

Who says you can't have cheesecake? Not me. Rich, creamy and sweet this cheesecake is everything you crave in a dessert. Simply topped with fresh fruit, what more could you want? \$30-9 inch

Carrot Cake Bread

Everything you love about carrot cake, without feeling guilty.

\$10 per loaf

Chocolate Chip Cookies

Soft, chewy and filled with semi-sweet chocolate chips. Everything you want in a cookie. \$10 per dozen