

I CAN'T BELIEVE IT'S VEGAN!

An assortment of home-made healthy vegan meals. - Nakiea Ramsey



How To Order:

Menus will be sent weekly, all orders are placed and prepaid before pickup. Send orders to: nickyvegan82@gmail.com. Payments can be made via Paypal: [paypal.me/nakiearamsey](https://www.paypal.me/nakiearamsey) or CashApp: **\$NakieaRamsey** Pick up day is Sunday between 12-3pm. Delivery only within a 5-10 mile radius, \$5 delivery fee

Join our mailing list!

Send your email address to be added to the weekly menus so you don't miss out on the new tasty vegan treats!

TAKE AND BAKES: *All items are prepared and then frozen. Just take, bake and serve!*

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\$10 Individual \$25 Family Size.

Mushroom Lasagna

Lasagna noodles layered with a garlic red sauce, fresh herbs, a mixture of white and brown mushrooms, spinach, vegan mozzarella and cheddar cheese.

BEAN BURGERS: *All burgers are ready to eat and individually wrapped. \$10 per dozen*

Southwest Burger

Black bean burger filled with roasted red pepper, smoked paprika, cumin, chili powder and corn. A complete meal in a pattie, just add cheese and a bun.

WEEKLY SUPPER CLUB: *Available this week only, get em while they last! Sold in Individual and Family Sizes.*

Vegan Mac and Cheese

Macaroni mixed with a warm, creamy cheese sauce made completely dairy free!
Individual serving \$6 Family size \$20

Cauliflower Jerk Plate

Spicy jerked cauliflower served with not so dirty rice, cabbage and yams. \$12 Individual serving, \$30 family size.

Vegan Chili

Black, white and red beans cooked in a smoky chili with just the right amount of heat.
Individual serving \$10 Family size \$25 (vegan cornbread \$8 only with family size)

SWEET TREATS: *All desserts are nut free unless specified otherwise and baked fresh every weekend. Sold in individual servings, or whole portions.*

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Cafeteria Butter Cookies

Buttery, soft, slightly sweet. Everything you remember about your favorite school cookie. \$10 per dozen

Apple Crumble

Tart green apples cooked with all of the right spices, and topped with a tasty crumble topping. \$5 for individual serving \$15 for entire pan

White Chocolate Macadamia Nut Cookies

Soft, chewy and filled with delicious white chocolate chips and macadamia nuts. Everything you want in a cookie. \$15 per dozen